



# Karen Craven Acupuncture

specializing in allergy and pain elimination

## **Electro-acupuncture, E-stim**

Acupuncture becomes electro-acupuncture when small clips are attached to the needles and a micro-current is run through the needle. It is used as a pain reliever for muscle spasms, a form of anesthesia, for neurological disorders, acne, renal colic and nausea caused by chemotherapy. It is often used to treat stroke patients as well. This form of acupuncture is especially effective for chronic issues. There is evidence that electro-acupuncture activates the endorphin system which could reduce heart disease and lower blood pressure.

### Studies/references:

- Electro-acupuncture - <http://www.ncbi.nlm.nih.gov/pubmed/23917395>
- Acupuncture analgesia - <http://www.ncbi.nlm.nih.gov/pubmed/18711761>